



### Solo Event Rules

Urban Cheer UK solo events comprise of 10 different set routines across two dance styles.

These routines have been developed on a scale of increasing difficulty with Dance 1 offering the most basic choreography and Dance 4 the most complex. There is also an Intro level routine which is designed for newcomers and children strictly aged 7 years and under.

At Urban Cheer, dancers may only enter up to three solo events PLUS one team event, however a maximum of two events within one dance style the third event must be in the opposite style.

Teacher should use their discretion when selecting events for pupils. Dancers should be entered at the appropriate level and the two routines in the same style must be at consecutive levels, for example Intro & 1; 1&2; 2&3; 3&4.

SEN Dancers have the option of entering our inclusive section at Intro Level if aged 7 years and under and at Dance 1 Level. Anyone wishing to enter above this level will dance in the mainstream event for their age.

Dancers should enter the dance level most suited to their ability and Teachers should encourage progression through the levels.

Dancers must compete in the correct age category and proof of age MAY be required for verification purposes.

Teachers should download the entry form from the home page of our website [www.urbancheeruk.com](http://www.urbancheeruk.com) and email this on or before the entry deadline date to [admin@urbancheeruk.com](mailto:admin@urbancheeruk.com)

Qualified dance teachers are NOT permitted to enter solo events at Urban Cheer UK.